

Pre-baby Breaks



Calling all Mum's to be, TSC are setting the trends again, with the pre-baby break, normally you can only get this type of pampering by travelling to the USA, however working in conjunction with Whittlebury Hall Hotel and Spa in Northamptonshire we have created this fun filled pampering and relaxation package with you in mind.

What's included?

An Elemis Nurturing Massage for Mother-to-be

Massage adapted to each stage of pregnancy. This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialised positioning on the unique Elemis beanbag is used to ensure the ultimate in safety, comfort and relaxation. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit.

Treatment Time: Allow 1hr per treatment

Or choose the ESPA Pre Natal Treatment

This total body treatment has been carefully designed for pregnant and nursing mothers to take account of all contraindications and aid in relaxation and tonicity of the skin during this very special time. The treatment avoids the use of essential oils as advised by the Aromatherapy Organisation Council and is a luxurious treat using a Calendula infused oil, various muds's and creams and advanced massage techniques to safe areas. It leaves the skin toned and the client totally relaxed.

Treatment time - allow 1hr 25mins

To add dinner bed and breakfast the charges are;

Price to include treatments, accommodation, dinner and full English breakfast

£134.00 pp in a twin or double room

Or

£164.00 in a single room

To upgrade to a club room please add £30.00 per night

To book click here now and TSC will do the rest
All offer as subject to availability

For more information please call 01335 345655

www.thesolutionscompany.co.uk/prebaby_booking.html

